

Did you miss Breast Cancer Awareness Month?

It's never too late to put your health first. Now you can self-request your screening mammogram.*



We know how busy you are, balancing work and home. The end of the year is a good time to put your health first. If you are due for a screening mammogram, you have **two easy ways to self-request an appointment**:

- 1 Sign in at **MyKelseyOnline.com** and select the “I Need a Mammogram” tile.
- 2 Call our Radiology Department at **713-442-1161**,
Monday – Friday • 7:30 a.m. to 5:30 p.m.

Convenient Locations with 3D Breast Tomosynthesis

Breast tomosynthesis is an FDA-approved technology that helps our physicians detect smaller tumors sooner. Digital mammography with 3D breast tomosynthesis is available at **all 16 Kelsey-Seybold locations** offering mammography. This includes **Berthelsen Main Campus, Clear Lake, Cypress, Downtown at The Shops, Fort Bend, Katy, Kingwood, Pasadena, Pearland, Spring, Summer Creek, Tanglewood, The Vintage, Woman's Center, The Woodlands, and West Grand Parkway**. These locations offer weekday appointments. For your convenience, our Berthelsen Main Campus also offers Saturday appointments.

Screening Mammograms Are a Covered Benefit in the KelseyCare Aetna Health Plan

Screening mammograms with 3D breast tomosynthesis are a covered benefit for all HISD employees, who are enrolled in the **KelseyCare Aetna Health Plan**.

**If you have a history of breast cancer, are experiencing any symptoms, or need a diagnostic mammogram, call your physician's office. You can only self-request a screening mammogram if you have a designated Kelsey-Seybold primary care doctor.*



HISD

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